

*'May my soul bloom in love  
for all existence'*

*Rudolf Steiner*

Welcome to our East African Conference **'Being' in Movement**. This conference is a celebration of 100 years of Waldorf/Steiner Education and 30 years of Waldorf/Steiner education in East Africa. The Rudolf Steiner School Mbagathi reaches the age of 30 years. We will celebrate this milestone.

The theme of the Conference is 'Being' in movement, in education and life itself. The Conference will look at different aspects of being in movement and how it enriches education. Life is Movement.

We welcome lecturers from near and from far. Workshops will be run by Primary and Kindergarten teachers from East Africa. The biodynamic workshop will be run by Ann and Rolf Bucher.

Wednesday 17th April will be a day of celebration where we look back at the history of Waldorf/Steiner Education - the place of its birth in the world and in East Africa. Children will perform drama and movement and we will experience traditional dances from various parts of East Africa.

**All are welcome to enjoy this cultural day together.** The language of drama, music and dance will speak to us visually and warm our hearts.

<div>Conference 2019</div> <div>'Being' In Movement</div> <div>Steiner/Waldorf Education</div>						
Time	SUNDAY 14th April		MONDAY 15th April	TUESDAY 16th April	WEDNESDAY 17th April	THURSDAY 18th April
8.45		8.45	Singing	Singing	<b>CELEBRATION DAY</b>	Singing
9.00 to 10.30		9.00 to 10.30	<b>Lecture</b> Ann Sharfman	<b>Lecture</b> Joan Sleight	<b>Lecture</b> Nana Göbel 100 years & 30 years of Waldorf/Steiner education  Contributors: Judith Brown, Victor Mwai	<b>Lecture</b> Peter van Alphen
10.30			<b>BREAK</b>	<b>BREAK</b>	<b>BREAK</b>	<b>BREAK</b>
11.00 to 12.00	<b>Registration</b>	11.00 to 12.00	<b>Discussion</b>	<b>Discussion</b>	<b>Children's Drama</b> directed by Paul Klarskov	<b>Display/workshop</b> and Conference review
12.00 to 1.00		12.00 to 1.00	<b>Lecture</b> Kindergarten Ruth Thuku	<b>Lecture</b> Primary Kasmir Msigwa	<b>Children's Eurythmy</b> directed by Cobie Roelvert	<b>Graduation</b> Closing ceremony
1.00	<b>LUNCH</b>		<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
2.00 to 2.30	<b>Registration</b>	2.00 to 3.15	<b>Artistic:</b> Traditional dance, Painting, Clay modelling, Black and White Drawing, Drama, Music, Eurythmy	<b>Artistic:</b> Traditional dance, Painting, Clay modelling, Black and White Drawing, Drama, Music, Eurythmy	<b>Performances</b> East African dances	
2.30	<b>TEA</b>	3.15	<b>TEA</b>	<b>TEA</b>		
3.30 to 4.45	Opening Ceremony Opening Lecture Troels Ussing	3.45 to 4.45	<b>Workshop:</b> Primary, Kindergarten, Biodynamic Agriculture, Self Development	<b>Workshop:</b> Primary, Kindergarten, Biodynamic Agriculture, Self Development		
4.45 to 5.00	Movement:	4.45	Movement:	Movement:		
6.00	<b>SUPPER</b>	6.00	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER and SOCIAL EVENING</b>	

## CONTACTS

RUDOLF STEINER SCHOOL MBAGATHI  
Masai Lodge Road  
Near Ongata Rongai  
Mobile: +254722 830549

Please email for further information.

Email: [enquiries@rudolfsteinerschool.co.ke](mailto:enquiries@rudolfsteinerschool.co.ke)

Rudolf Steiner School, P.O Box 15609-00503

Website: [steinerschoolmbagathi.co.ke](http://steinerschoolmbagathi.co.ke)

### Troels Ussing

Troels was a Waldorf teacher in Denmark for many years. He is currently the chairman of the Anthroposophical Society in Denmark. He has throughout many years been part of the East African Waldorf Association. He works intensively in courses and workshops with spiritual science.

### Ann Sharfman

Ann is an expert in early childhood development and has worked at the Centre of Creative Education in Cape Town, South Africa. She has worked extensively with women from disadvantaged communities such as the Xhosa communities. She has been a teacher trainer in South and East Africa for many years.

### Ruth Thuku

Ruth has worked as a kindergarten teacher since 2000 with the Riara group of schools and the Shani Schools. She then completed her Waldorf training and has been teaching at Nairobi Waldorf School since 2011.

### Kasmir Msigwa

Kasmir has been a class teacher at Hekima Waldorf School in Tanzania for more than ten years. In different times he has carried various responsibilities in the school. He is currently a country representative in the East African Association of Steiner Waldorf Schools and a member of the Teacher training team.

### Joan Sleigh

Joan was born in South Africa and spent her childhood in Camphill. She was a Waldorf Class Teacher in Witten-Annen Germany and later in Michael Oak Waldorf School South Africa. Later she lectured at the Centre for Creative Education. She was a member of the International Forum for Steiner Schools; co-ordinator of the Pedagogical Section in Cape Town; a member of the Executive Council at the Goetheanum; and is co-responsible for the Anthroposophical Studies in English.

### Peter van Alphen

Peter has been a Waldorf teacher in South Africa and co-authored the South African curriculum. He helped found the Centre for Creative education in Cape Town South Africa. He has been a teacher trainer for many years in South and East Africa. Peter is also a eurythmist.

### Workshops:

**Biodynamic Agriculture:** Anne and Rolf Bucher are experienced biodynamic gardeners and biodynamic trainers from Germany.

**Kindergarten:** Experienced East African Steiner Kindergarten teachers.

**Primary:** Simon Shirley is an experienced Steiner teacher and teacher trainer from the UK.

## Celebration Day 100 years

### Nana Göbel

Nana Göbel works for the worldwide Waldorf movement since she founded Friends of Waldorf Education in 1976. Besides serving as a board member of Friends of Waldorf education, she has worked in Germany's first ethical bank, was a board member and General Secretary of the German Anthroposophical Society and is currently also a member of the International Council for Steiner/Waldorf education.

### Paul Klarskov

Paul has a vast training and experience in crafts, theatre, speech formation, drama and pedagogical work. He was an actor on the Goetheanum stage, a teacher of drama, director of acting and producer. He was an actor, producer and artist director of the entire Goetheanum stage, including departments of drama, eurythmy, puppet theatre and music. He was a teacher, trainer, play writer, director and event manager.

### Cobie Roelvert

Cobie is a part-time lecturer in pedagogical eurythmy, a teacher of adult classes, and works at a small new school initiative. She taught eurythmy at the Michael Oak and Gaia Waldorf schools and directed children's performing groups.

**Victor Mwai:** A Waldorf Teacher and Chair of the East African Association of Waldorf Schools.

**Judith Brown:** The School Leader of the Rudolf Steiner School Mbagathi Nairobi.



Paintings by Naomi Wambui

WALDORF  
100

LEARN  
TO CHANGE  
THE WORLD

## 'BEING' IN MOVEMENT EAST AFRICAN CONFERENCE

14<sup>th</sup> to 18<sup>th</sup> April 2019

We celebrate a

100 YEARS of Waldorf/Steiner Schools and  
30 years of Waldorf/Steiner education  
in East Africa



JOIN US at the  
RUDOLF STEINER SCHOOL MBAGATHI,  
NAIROBI, KENYA